



**City of Port Colborne**  
**Regular Meeting of Committee of the Whole 11-19**  
**Monday, April 8, 2019 – 6:30 p.m.**  
**Council Chambers, 3<sup>rd</sup> Floor, 66 Charlotte Street**

**Addendum**

**Additional Item(s) for Consideration:**

Notes	Item	Description / Recommendation
WCS MB EB	15.	<p><b>Community and Economic Development, Health Services Division, Report No. 2019-43, Subject: One-time Funding Request for Walk-in Mental Health Clinic for Youth in Port Colborne</b></p> <hr/> <p>That the City of Port Colborne enter into a contract agreement with Pathstone Mental Health for the purpose of supporting the initial implementation of the Hear &amp; Now Walk-in Clinic, a mental health walk-in clinic for youth in the City of Port Colborne, at a one-time cost of \$20,000, to be funded from the Physician Recruitment Reserve Fund; and</p> <p>That the appropriate by-law be presented for approval.</p>
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**Report Number: 2019-43**

**Date: April 8, 2019**

**SUBJECT: One-time Funding Request for Walk-in Mental Health Clinic for Youth in Port Colborne**

### **1) PURPOSE**

The purpose of this report is to request approval for one-time funding to support a new mental health service for youth in Port Colborne, in partnership with Pathstone Mental Health.

### **2) HISTORY, BACKGROUND, COUNCIL POLICY, PRACTICES**

The City of Port Colborne currently has a gap in services for mental health, particularly for youth. Pathstone Mental Health (which provides mental health services for children, youth, and families of Niagara) has come forward to offer to service a mental health urgent/walk-in clinic for youth in Port Colborne one day per week (herein referred to as “the Hear & Now Walk-in Clinic”). Further, staff has successfully secured optimal clinic space in Port Colborne that will ensure the clinic is accessible, with space to ensure patient and family confidentiality.

The Hear & Now Walk-in Clinic will be open to those between the ages of six and seventeen years old, who are:

- feeling sad, worried or angry;
- having fights with parent(s)/caregiver(s);
- being bullied;
- dealing with a personal issue;
- having thoughts of self-harm;
- getting in trouble at school, home, or in the community.

Parents and caregivers can also use the walk-in clinic for children under the age of six, if they are concerned about child related ages and stages, are constantly arguing with their child, or are worried about their child’s social and emotional challenges.

After implementation, staff will work with Pathstone Mental Health to collect data regarding decreased wait times for assessment, and lowered rates of suicide and suicidal ideation. This will strengthen the Clinic’s ability to secure other, sustainable, funding sources on a go-forward basis.

### **3) STAFF COMMENTS AND DISCUSSIONS**

Immediate mental health counselling for children/youth and their parents/caregivers will prevent many from having to access programs as they progress toward adulthood. This service will provide an early intervention model that will help youth to get into programs much earlier.

This service has no fee, no appointments are necessary, and no health card is required. Removing these barriers will make it much easier for youth or their families to access this walk-in model of urgent intervention.

At its meeting of March 18, 2019, the Health Care Services Committee considered the proposed partnership and recommended Council support the partnership and associated funding request.

As a result, staff recommend the City financially assist the initial implementation of the program in the amount of \$20,000, to be funded from the Physician Recruitment Reserve Fund.

As noted above, after implementation, data illustrating the success of the program (as evidenced by a decrease in wait times to mental health programming, and other measurable metrics), will facilitate securing sustainable funding sources for the Clinic on a go forward basis.

#### **4) OPTIONS AND FINANCIAL CONSIDERATIONS:**

##### **a) Do Nothing**

Council may choose to receive and file this report, effectively denying the request. This option is not recommended, as wait times for youth to access mental health programs are lengthy, and doing so would negatively affect the success of early intervention. Should Council not approve the request, the opportunity to collaborate with Pathstone Mental Health for this purpose will be lost.

##### **b) Other Options**

Council may provide alternative direction regarding the request. This option is not recommended, as the Health Services Committee has recommended Council support the funding request and partnership, as outlined herein.

#### **5) COMPLIANCE WITH STRATEGIC PLAN INITIATIVES**

This partnership will support the City's efforts in achieving enhanced health services planning in the community. Sourcing innovative ways to bring necessary services to the community is a strategic direction of Council, particularly in light of health care service delivery changes, and as communities increasingly explore ways in which to deliver inter-professional health care services.

#### **6) ATTACHMENTS**

Appendix A – Proposed By-law

**7) RECOMMENDATION**

That the City of Port Colborne enter into a contract agreement with Pathstone Mental Health for the purpose of supporting the initial implementation of the Hear & Now Walk-in Clinic, a mental health walk-in clinic for youth in the City of Port Colborne, at a one-time cost of \$20,000, to be funded from the Physician Recruitment Reserve Fund; and

That the appropriate by-law be presented for approval.

**8) SIGNATURES**

Prepared on March 18, 2019 by:



Joanne Ferraccioli  
Health Services Coordinator  
(Temporary)

Reviewed by:



Ashley Grigg  
Director of Community & Economic  
Development

Reviewed and respectfully submitted by:



C. Scott Luey  
Chief Administrative Officer

The Corporation of the City of Port Colborne

By-law No.

Being a by-law to authorize entering into an agreement with  
Pathstone Mental Health respecting the Hear & Now  
Walk-in Clinic,

Whereas the Council of The Corporation of the City of Port Colborne ("Council") approved the recommendation of Community and Economic Development, Health Services Division, Report 2019-43, Subject: One-time Funding Request for Walk-in Mental Health Clinic for Youth in Port Colborne; and

Whereas Council is desirous of entering into an agreement with Pathstone Mental Health for the purpose of supporting the initial implementation of the Hear & Now Walk-in Clinic, a mental health walk-in clinic for youth in the City of Port Colborne, at a one-time cost of \$20,000, to be funded from the Physician Recruitment Reserve Fund;

Now therefore the Council of The Corporation of the City of Port Colborne enacts as follows:

1. That The Corporation of the City of Port Colborne enter into an agreement with Pathstone Mental Health for the above noted purpose.
2. That the Mayor and Clerk be and hereby authorized and directed to sign the said agreement and the Clerk is hereby authorized to affix the Corporate Seal thereto.
3. That this by-law come into force and effect on the day of passing.

Enacted and passed this 8th day of April, 2019.

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William C. Steele  
Mayor

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Amber LaPointe  
City Clerk



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**Regular Meeting of Council 10-19**  
**Monday, April 8, 2019**  
**following Committee of the Whole Meeting**  
**Council Chambers, 3<sup>rd</sup> Floor, 66 Charlotte Street**

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